

"Cutting-edge science has finally advanced to a state that puts the miraculous within the grasp of modern man..."



theanatomy ofamiracle

Dr. James B. Richards
National Best-Selling Author

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THE ANATOMY OF A MIRACLE

“Cutting-edge science has finally advanced to a state that puts the miraculous within the grasp of modern man...”

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the anatomy of a miracle

Dr. James B. Richards

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Dedication

This book is dedicated to two long-time friends and personal health care providers. Dr. James G. McMurray was so patient, generous and kind through my years of struggle with a kidney disease. He kept me alive while I was learning how to walk by faith. He patiently allowed me to incorporate my faith into the healing process. He always allowed me to have room to listen to my heart and follow the voice of God.

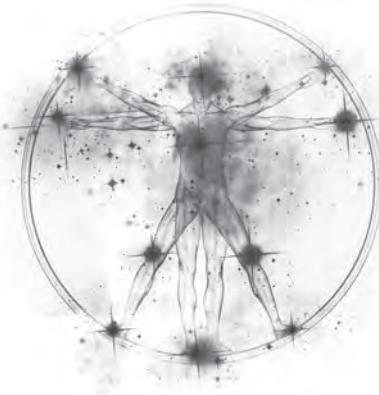
Dr. Garry Cook has worked faithfully to keep my physical body healthy and strong. His unique insights into the working of the human body have been a constant source of inspiration and understanding for me. His insight and his dedication to physical health is surpassed only by his personal openness to the miraculous. Through every health crisis, he has worked to interweave the natural and the supernatural. He has never failed to help me keep one eye on the natural and the other on the supernatural.

If there are rewards for our accomplishments, I surely will share them all with these two men, without whom I may have never lived to fulfill my life's destiny.

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Introduction

Every culture in the world has ancient stories of miracles. These stories are widely dismissed by historians as local myths. Yet, when similar “myths” have been handed down for centuries in a multitude of geographic locations, they cannot be dismissed easily as myth. People from different parts of the globe, with no means of communication, do not make up identical stories.

In the arctic regions of North America, the elders tell stories of miraculous healings that occur to this day! One such example is a story that comes from the Arctic of a man who should have died when injured on a hunt. The snowmobiles of earlier years were not the sleek machines of today. They didn’t have all the “bells and whistles”; in fact, many of them didn’t even have lights. They were very heavy and quite awkward to maneuver. After launching unawares over a snow drift, this hunter’s snowmobile landed on him, severely breaking his leg!

As he lay helplessly in the freezing snow, his death seemed imminent. In just a few hours the sub-zero temperatures would penetrate his arctic clothing and he would freeze. But this story, like many that are told, had

a much different ending! Instead, this man employed the beliefs and practices taught by his elders. As he lay in the snow with a severely broken leg, he imagined his leg being healed as he called on the Creator. He even felt it move as all he imagined became reality. In a short time he was up on his feet resuming his hunt!

Miracles Are Real

Every culture has records of miracles. Some are of miraculous healings like the story of the Inuit hunter. Some appear to defy the laws of physics, like Qi Qong (Chi-Kung) masters of China who move objects with energy. Or like Buddhist monks who sit with nothing but a loin cloth in freezing snow covered with blankets dipped in an icy river, yet who generate enough body heat to dry the blankets and maintain their warmth. The New Testament of the Bible and other religious groups tell stories of people being physically transported from one location to another. Then there are the rain dances of the indigenous natives of North America that were said to have brought rain in times of drought. The list is endless! The evidence is undeniable!

Both sacred and secular history abounds with accounts of miracles. With the emergence of quantum physics, the scientific community is making incredible advancements in understanding the miraculous. What once was accepted by faith, intuition or empirical observation now is explained in twenty-first century language. The ancient texts and the scientific journals are sounding increasingly similar.

The ancients used metaphors of nature to explain the process of a miracle. The ancient parable employed by numerous cultural and religious groups were the only available examples that made the miraculous understandable to the mind of that day. Ironically, it is that very language, which enabled people to experience miracles in the past, unable to experience them today. Ancient language makes the idea of miracles seem archaic and “unscientific.” It doesn’t cause us to conceptualize as much as it causes us to dismiss.

Herein lies the ultimate secret of accessing miracles. Believing for a miracle is not about intellectual data; it is about conceptualization and integration. Therefore, the language used to facilitate conceptualization must be adapted to benefit the listener. A parable is only valuable when the language being employed has the desired effect on the listener!

The Secret to Getting a Miracle

The New Testament often uses the Greek word *logos* when referring to the Word of God. *Logos* is not so much about the literal words spoken. It's more about the logic, wisdom and integrity of the word spoken or written. While various religious groups agonize over the literal interpretation of the words in their ancient texts, they miss the point. It is not the words themselves that are so valuable. What matters is those words' capacity to help us conceptualize and integrate those words into our lives in a functional manner. The words themselves are not holy or valuable beyond their ability to move us past intellectual data and into experiential knowledge.

People must see, perceive or conceptualize a miracle before they can believe for it. The purpose of parables was to make it possible for the people of the day to conceptualize something they had no language to explain. Explaining the miraculous in a way the mind could conceptualize also enabled people to believe and conceive things as reality. This entire process was part of persuading the heart to believe for a miracle. The laws that govern miracles have never changed. It is the terminology needed to make conception possible that has changed.

Quantum science is using a new language to describe the same phenomenon. The metaphoric language of the twenty-first century must be a terminology that simplifies the inner working of the miraculous just

as the language of farming, shepherding and current events did for the mind of earlier days. Parables that talk about growing wheat are of little value to the average person in the modern world, especially when he¹ has never seen a wheat field or worked a garden!

The world, while teetering on the verge of destruction, is simultaneously entering into a new day of miracles. Cutting-edge, scientific discovery is giving twentieth century terminology and scientific explanation to what the world once knew only by intuition or empirical observation. We are living in a day when science and miracles are finding common ground, narrowing the once enormous gap to little more than a semantics issue.

The Anatomy of a Miracle puts that which has been known for thousands of years into a language that is readily understandable to the twenty-first century mind, giving us the opportunity to develop a faith, a deep knowing, that we can move into the invisible realm and come back with a miracle.

¹ For the sake of simplicity, I will use the old-fashioned rule of “he,” “him” and “himself” to refer to both male and female humankind.

Chapter 1



Rediscovering Childhood

Deep in the heart of every human being, there was, at one time, an innate longing to see and experience the supernatural. Unfortunately, like all children we were taught to “grow up.” Growing up should be the development of our inherent God-like qualities that seem so natural and logical to children. Instead, society, in nearly every culture, has made growing up a denial of who we are in relation to our Creator, how we were created and how we should function. For most of the world, adulthood is the denial of all that is unique and inherent to us as the children of our Creator!

Those of us adults who do continue to embrace some notion of our divine identity, instead of making it simple and natural, make it difficult and out of reach. We have somehow come to believe that those gifts and inexplicable abilities that belong to all men are relegated to the few who will adhere to some religious discipline, ascetic lifestyle or code of perfectionist conduct. And true to our nature, if we believe it is hard, it is! If we believe it is beyond our reach, it is! If we disqualify ourselves, we are

disqualified! To quote Henry Ford: “Whether we think we can or whether we think we can’t, we are right.”

The greatest miracle worker of all time never taught how hard or difficult it was to experience the miraculous. Instead, He expressed contempt for those who made God’s provision difficult and out of reach. Jesus took the position that making something harder to get was tantamount to taking it away from people. Instead of trying to make people live up to unrealistic codes or participate in religious or ascetic practices, He simple urged them to, “Only believe.” The written record of His miracles, which was only a small portion of what actually occurred, happened with no great fanfare or religious observations.

Possibly in our process of becoming adults we have lost the divine sense that fueled our imagination as children. Maybe our intellectual mind has so dominated our every perception that all things that cannot be intellectually explained are simply washed from our consciousness. Perhaps we have believed a lie and made everything about life too difficult. Or maybe, as the greatest miracle worker of all time said, we forgot how to think like children.

We have forgotten how to think like children.

If connecting to the miraculous requires our rediscovering of who we came into this world intended to be, we each have to ask ourselves, “Will I allow such a thing? Can I give up so much?” We have spent our entire lives developing a perception of the world that makes us seem intellectually superior. Medical science ignores cutting edge, concrete data, instead preferring outdated, disproved models that serve only to line

the pockets of the drug industry. We have defined rules of science, yet many of those rules only exist in non-provable theory. We have fought to suppress information that exposes the possibility that we can be more than that which serves a global economy. The accepted worldview is one that facilitates our inflated egos, which has grown disproportionately enormous as we have passively surrendered our true identities. Our entire lives, from the time of becoming adults, has been dedicated to an illusion of reality.

Children have a much greater need to enjoy life than to protect ego and win arguments. Children don't need intellectual explanations for what works. They don't care why the light comes on when they flip the switch. They just don't want to be in the dark. It is of little concern who gets the credit for building the toy; they just want to play with it. Children have little concern for who owns the toy as long as they get to play with it. In order to become like children we must be willing to accept what is, whether or not it fits into our life-view.

The adult in us wants to compare our current beliefs and opinions to those embraced by others. Before considering what works or what will bring quality to our lives, we want to know if accepting another's view will make us wrong. Right and wrong are based on intellectual rigidity with no allowance for relativity.

For thousands of years mankind lived and operated, evidently, fairly successfully on the oral traditions held by the most ancient of civilizations. There was little need for scientific explanation. It just needed to work! No doubt there were many superstitions and religious ideals that didn't work. Unfortunately, they usually were accepted based on the persuasiveness of the "soothsayer" who benefited from the idea.

In time religious dogma and tribal superstition exchanged that which worked for that which gave control to the few. What was consistent with creation, or what the Chinese called the Tao and the Greeks tagged the

logos, was ignored. The wisdom of the Creator was exchanged for the logic of ego-centered, power-hungry men. This departure from what worked drove man into another extreme: science!

Modern science, to some extent, was a reaction to the superstitious mindset that ushered civilization into the Dark Ages. Like all reactionary thinking, it threw out too much. It rejected the good and the bad. In an attempt to bring logic and order, a new extreme was imposed upon man that led him away from his natural God-given rights and benefits. This new science sought to explain the world in a framework that simply put a new group of power brokers in control.

They didn't wear headaddresses, call on spirits or chant. They adorned themselves with suits and were affluent and educated. Yet, try as they did, their educations were as limited as the ancient shamans they sought to eradicate. The former tried to understand the world by subjectively interpreting what they *couldn't* see. This new group tried to convince themselves that the only thing that existed was what they *could* see!

Newtonian physics became the crown jewel of logic and explanation of all things. Because there were so many things right about these mathematical equations, it was assumed that nothing could be added or taken away. This was the "be all" and "know all" end to all questions. All the questions of the universe were naively interpreted in a manner that would preserve and protect the supremacy of the accepted logic.

Man, as an adult, has an either-or attitude. Ego and agendas are so closely connected to ideas that there is little room for growth, understanding or even perception beyond what supports our accepted views. History has proven that much of mankind would rather die clinging to an untruth than embrace a new truth and live. So laws, religions and governments are established to protect what we have accepted, whether it works or not. Now that we all agree on a common idea or belief...we are adults!

No New Truth

Accepting a new reality has nothing to do with right or wrong. Why? It is because there is *no new truth*. All truth always has existed. It was here before we were born. It will be here when we depart. It works for others regardless of our opinions. It exists where we see it and where we don't. It isn't new. It is only new to us! Yet, there is something in us, as *adults*, that makes us feel inferior when we identify a truth that we have not yet understood. We feel that to say, "I didn't know," is to say "I am flawed." We think that to expand what we currently believe is to refute what we previously believed. We are relegated to a life of limitations because of the fear of being wrong.

Truth isn't new. It is only new to us!

I've got great news for you. To move into the realm of the miraculous has little to do with being right or wrong. For example, as I stood at the base of a great mountain range in western America, it looked as though the mountains touched the sky. From the base of the mountains it looked as though there was nothing that existed beyond what I could see. As I drove up the mountain and reached the peak, I saw for the first time the incredible view that had just hours before lay beyond my sight. What I saw from the mountain's peak did not deny what I saw from the basin below. It was simply a new view from a new vantage point.

Newtonian physics is evidently very accurate when dealing with the "seen world." It gives us the equations to launch space vehicles, design aircraft and pretty much conquer the "seen world." But there is an *unseen* world, a world that lies beyond the explanation of Newtonian physics. That world is governed by an entirely different set of rules and equations.

The subatomic world has come to be understood through a science called quantum physics. Quantum physics is a science. It is a science, however, that touches on the unseen—that part of our world that previously had been consigned to the religious and the superstitious. Quantum physics is able to help us identify the truth of some of the oldest religious teachings in the world. It is able to give us a language that makes sense to our generation and explains what happens in the invisible world when we apply spiritual truth.

It is my desire that this book will open your eyes to such an extent that you will open your heart to a life of possibility, available to all, given by our Creator. In so doing, you will enjoy the very best life has to offer. What others call miraculous will be your normal. There will be no need of a declaration of being wrong. There will be no new truth. There only will be the willingness to look at the world from a new vantage point that opens an entirely new world of limitless possibility. Like little children, we will have little concern for who was right and who was wrong. We simply will enjoy the goodness of God in a world that is designed for the miraculous!

We hope you've enjoyed this free sample of *The Anatomy of a Miracle*. For more information on purchasing *The Anatomy of a Miracle*, please visit

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Miracles are not for the deserving, but for the believing!

Deep within every person is a longing for the miraculous. When we slow down enough to listen to the intuitive voice that speaks from within, we know miracles should be experienced with the greatest of ease. Yet, the hope for the miraculous is clouded by the many voices that make miracles seem difficult or even unattainable. The promise of miracles has been so complicated by religious legalism, mystical ritualism and perfectionist idealism that they have been pushed beyond the horizon of hope. But today, in *The Anatomy of a Miracle*, hope will return.

Regardless of your personal beliefs, you will be able to connect with the immutable laws of the miraculous. This book is not religious, yet it honors thousands of years of religious teaching. It is not scientific, yet it uses modern scientific discovery to explain the concepts of the miraculous in words that make sense to the twenty-first century mind. It is the perfect marriage of science and faith.

In *The Anatomy of a Miracle* Dr. James Richards explains in understandable terms exactly how to experience your miracle. Using the language of quantum physics and truths from ancient times, *really the two do go together*, he describes step by step the process through which you can live the life you've always desired.

Miracles are part of the fabric of humanity!

Once you discover these immutable laws,
living in the miraculous will be
as natural as breathing!

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